At the Foot of the Cross,
Here I Am, Lord!

Sacraments - Please visit www.saintclarechurch.org for more information on sacramental preparation.

Liturgy of the Eucharist
Saturday Vigil - 5:00pm
Sunday - 8:30am & 10:45am
Weekdays - 8:30am Mon, Wed, Thurs & Fri
Holy Days - 8:30am & 7pm

Reconciliation Saturdays at 4pm or by appointment. Contact Fr. Don Gutmann.

Matrimony Six month’s preparation required. Contact Fr. Don Gutmann.

Adult Confirmation & How Can I Become a Catholic? Contact Pia de Leon.

Baptism, 1st Eucharist, 1st Reconciliation & Confirmation?
(Children & Teens) Contact Deacon Bill McNamara.

A WARM WELCOME TO ALL WHO WORSHIP WITH US

Whether you are a long-time parishioner and need to update your information or newly arrived in the parish and not yet registered, please complete the information below and place in the offertory basket or mail to the parish office.

Name: ____________________________________________ Phone: (     ) ________________
Address: _____________________________________ City: __________________________ Zip: ____________

☐ New Parishioner       ☐ Returning Catholic       ☐ Moving (please remove from parish directory)
☐ New Phone Number     ☐ New Address           ☐ Please send Sunday Offertory envelopes
**Weekly Reflection**

**2nd Sunday of Lent**

Mar. 8, 2019

Have you ever given much thought to who you were really created to be? Our lives are the product of various circumstances, choices, predetermined scenarios, and a whole host of events and inherited baggage. All of these components come together and form the person we understand ourselves to be. Jesus knew who he was and who he was becoming. He showed his transfigured self to his disciples on a high mountain and revealed to them who he was really meant to be. The weaknesses, imperfections, fears, and impressions that we carry with us often color our choices and hinder us from really seeing the greater picture of who we are. What do you imagine your transfigured self to be? Jesus promises a new life in heaven. Have you ever given much thought to what that may mean for you? ©LPi

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**Fr. Don’s Musings . . .**

At our Ash Wednesday Masses, I talked about Pope Francis’ suggestions for fasting during Lent. Several people have asked for a copy of his suggestions, so here they are:

+ Fast from hurting words and say kind words.
+ Fast from sadness and be filled with gratitude.
+ Fast from anger and be filled with patience.
+ Fast from pessimism and be filled with hope.
+ Fast from worries and trust in God.
+ Fast from complaints and contemplate simplicity.
+ Fast from pressures and be prayerful.
+ Fast from bitterness and fill your heart with joy.
+ Fast from selfishness and be compassionate to others.
+ Fast from grudges and be reconciled.
+ Fast from words and be silent so you can listen.

I hope your Lent is going well. It may not be an easy season, but it can be fruitful season to help us be the best version of ourselves. Let’s keep praying for one another. ~ Fr. Don

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**Job opening here at St. Clare:** Deacon Bill is retiring as our Children’s Faith Formation Coordinator this summer (he will still remain in the parish as our deacon), so we are looking for an enthusiastic Catholic who loves children, organized and a good coordinator, to lead our children’s ministries here at the church. The position is 18 hours/week, 10 months of the year, paying $18-20/hour depending on experience. Contact Shelley at the parish office for a job description and application. Deadline to apply is March 29.

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**Weekly Reflection**

**3rd Sunday of Lent**

Mar. 15, 2020

Reading 1 – EX 17:3-7
Psalms – PS 95:1-2, 6-7, 8-9
Reading 2 – ROM 5:1-2, 5-8
Gospel – JN 4:5-42

For daily readings, please visit [www.usccb.org](http://www.usccb.org)
St. Clare Church
Activities for Lent

**20-hour Eucharistic Adoration**
March 13, 7pm - March 14 at 4pm • Church

“Will you stay up with me?” asks the Lord. We accompany the Lord like the apostles were asked to do when he prayed at the Garden.

Sign up at the East door of the Church. Contact Pia de Leon at pia@saintclarechurch.org for more information.

**Soup Suppers & Adult Education**
Join us for a simple meal, fellowship, and guest speakers on Social Justice.
March 6, 13, 20, 27 at 6:30pm, April 3 at 6pm. Speakers begin at 7pm.

**March 6 - Immigration - A Catholic Issue**
by Kat Kelley MSW, Director of Strategic Initiatives of Catholic Charities

**March 20 - Life, Peace, and Justice**
by Matt Cato - Director of Life, Peace, and Justice for the Archdiocese of Portland

**March 27 - Prayer as Foundation for Social Justice**
by Mike Higgins, former theology teacher at Jesuit HS

Sign up to host supper or make a soup at East door of Church. Contact Pia de Leon with questions at pia@saintclarechurch.org

**Private Prayer**
Wed. & Thurs. • 2:30-3:30pm • St. Clare Church

Come by to spend some time with God in prayer this lent. Prayer resources will be available.

For security purposes, we need three people present while the church is open. Sign up at the East door of the church.

Contact Deacon Bill at dcnbill@saintclarechurch.org for more information.
A Message from Deacon Bill . . .

So how is your Lent going this year? This Sunday, Mar. 8, means we are one-third of the way through our 40-day Lenten journey. Have we been faithful to our plan of more prayer, more fasting and more alms-giving that we were challenged to undertake on Ash Wednesday? Well, if you are like me, trying really hard but falling short, you probably need a little something else to make this Lent something really special.

Well look no farther! I have a plan for us to have a super-duper finish to our Lenten Journey. It involves the FORMED program - that special gift for our community from the parish.

If you have not yet treated yourself to these valuable Catholic Resources, it is so easy to do. Just go to formed.org and sign up using our parish access code: J7N7CD.

FORMED offers a 4-week program called, A Lent to Remember.

Suggestion and Challenge: Spend 30 minutes per week during March watching the videos below from this program on your computer, tablet or cell phone.

This week, watch the first video entitled: “Where are you?” (32 min)

Next week, starting on Monday, Mar. 16, view: “An Encounter with Mercy” (27 min)

The following week, starting on Monday, Mar. 23, see: “Embraced in Mercy - the Rite Explained” (34 min)

After this experience, we will be ready for Holy Week and the final video: “The Paschal Mystery - the Mystery of Jesus’ Death and Resurrection” (34 min)

Please view each video one week at a time and reflect upon what you have seen.

Our lives are so busy that it becomes almost impossible to plan on going out on a night or weekend to enrich our spiritual life. This simple program which you can enjoy in your own home at your convenience, I promise, will be a rewarding experience. There is also an added video for children to make the entire experience one for the whole family.

Oh yeah, one more thing . . . please share the parish code with friends and family so they, too, will be able to access this free program no matter where they may live. Invite all to watch these videos and maybe you can discuss them instead of who is playing in the NCAA Basketball tournament or who will win The Voice this season.

“A Lent to Remember!” It will make Lent 2020 extra special!
Hey Guys, is God calling you?
The Archdiocese is starting formation for a new group of men who would be interested in discerning a call to the Deaconate. Permanent Deacons serve the Archbishop to help minister in parish life and in the world as men of faith. A new class will be starting in August. If you are interested to know the whole story of the Permanent Deaconate, please contact me at dcnbill@saintclarechurch.org and I will be happy to share all the information with you (and your spouse if you are married). ~ Deacon Bill

St. Clare Conference
Society of St. Vincent de Paul
Food Pantry
• Chicken & Tuna Helper  • Clam Chowder
• Cans of Peas, Carrots & Mixed Veggies  • Cans of Pears, Peaches & Fruit Salad
• Egg Noodles for Tuna Casserole  • Spaghetti Noodles

Donations may be placed in the food basket at the main church door or brought to the parish office.

Outreach

Many thanks to all who contribute!

<table>
<thead>
<tr>
<th>Weekly Offertory Report</th>
<th>Actual Offertory</th>
<th>Average Offertory Goal</th>
<th>Amount Over (Under) Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>W/E 2/23/2020</td>
<td>$7,409</td>
<td>$8,481</td>
<td>($1,073)</td>
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<tr>
<td>Total February</td>
<td>$31,900</td>
<td>$33,924</td>
<td>($2,024)</td>
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<tr>
<td>Total Fiscal Year</td>
<td>$285,627</td>
<td>$288,354</td>
<td>($2,727)</td>
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</table>

Goal for FY 19-20: $8,481 needed weekly to fund the current programs, personnel and facilities of the church.

Faith Formation

Volunteer Schedule for Mar. 14 - 15

<table>
<thead>
<tr>
<th>5pm Saturday, Mar. 14</th>
<th>8:30am Sunday, Mar. 15</th>
<th>10:45am Sunday, Mar. 15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Readers</td>
<td>Youth Mass Readers</td>
<td>Shea D, Ann K</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mila M, Trish K</td>
</tr>
<tr>
<td></td>
<td>Need: 2 Cup Ministers</td>
<td>Need: 1 Cup Minister</td>
</tr>
<tr>
<td>Altar Servers</td>
<td>Gavin G, Julian U</td>
<td>Hadley F Need: 2</td>
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<tr>
<td></td>
<td>Need: 1</td>
<td>Emma W Need: 2</td>
</tr>
<tr>
<td>Ushers</td>
<td>Youth Mass Ushers</td>
<td>Need: 5</td>
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<tr>
<td></td>
<td></td>
<td>Daniel S, Max D, Stuart &amp; Shelley W, David T</td>
</tr>
<tr>
<td>Gift Bearers</td>
<td>Need: 2</td>
<td>Eric &amp; Jessica F</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Need: 2</td>
</tr>
<tr>
<td>Coffee &amp; Donuts</td>
<td>Prep - Jessica K, Tom P</td>
<td>Serve/Clean up - Chiny I Need: 1</td>
</tr>
<tr>
<td></td>
<td>Serve/Clean up - Cecilia M, Kevin &amp; Yiu T</td>
<td></td>
</tr>
</tbody>
</table>

Questions or to volunteer, please contact Pia de Leon at x103 or pia@saintclarechurch.org. Thank you!