### Church

8535 SW 19th Ave  Portland, OR  97219  503.244.1037  
Office Hours:  Monday - Thursday, 9am - 12:30pm & 2 - 4pm  
office@saintclarechurch.org  www.saintclarechurch.org

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Pastor</td>
<td>Fr. Don Gutmann</td>
<td>101</td>
</tr>
<tr>
<td>Business Manager</td>
<td>Shelley Worrell</td>
<td>102</td>
</tr>
<tr>
<td>Pastoral Associate</td>
<td>Pia de Leon</td>
<td>103</td>
</tr>
<tr>
<td>Faith Formation Coordinator</td>
<td>Dcn. Bill McNamara</td>
<td>104</td>
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<tr>
<td>Youth Minister</td>
<td>Andie Bodary</td>
<td>105</td>
</tr>
<tr>
<td>Administrative Assistant</td>
<td>Laurie Zupsic</td>
<td>100</td>
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### School

1807 SW Freeman St  Portland, OR  97219  503.244.7600  
info@stclarepdx.org  www.stclarepdx.org

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>School Principal</td>
<td>Chris Harris</td>
</tr>
<tr>
<td>Administrative Assistant</td>
<td>Donna Parker MacNeur</td>
</tr>
</tbody>
</table>

### Preschool

1812 SW Spring Garden St  Portland, OR  97219  503.244.5458  
nancy@stclarepreschool.org

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>Director</td>
<td>Nancy Melzer</td>
</tr>
<tr>
<td>Administrative Assistant</td>
<td>Jeanne Raffety</td>
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### Sacraments

- **Weekend & Daily Mass:**  
  - Saturday - 5:00 pm  
  - Sunday - 8:00, 9:15 & 10:45am  
  - Weekdays except Tuesdays - 8:30am  
  - All Masses limited to 25 people each  
  - Mandatory sign-up at 503.244.1037.

- **Pre-recorded Sunday Mass:**  

- **Reconciliation:**  
  - Saturdays with Fr. Don Gutmann from 4pm-4:30pm in the church.  
  - Social distancing will be practiced.

- **Matrimony:**  
  - Six month preparation required.  
  - Contact Fr. Don Gutmann.

- **Adult Confirmation & How Can I Become a Catholic?**  
  - Contact Pia de Leon.

- **Baptism, 1st Eucharist, 1st Reconciliation & Confirmation?**  
  - (Children & Teens)  
  - Contact Deacon Bill McNamara.

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**A WARM WELCOME TO ALL WHO WORSHIP WITH US**

Whether you are a long-time parishioner and need to update your information or newly arrived in the parish and not yet registered, please complete the information below and place in the offertory basket or mail to the parish office.

<table>
<thead>
<tr>
<th>Name: ___________________________</th>
<th>Phone: ( ) ____________________</th>
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</thead>
<tbody>
<tr>
<td>Address: ________________________</td>
<td>City: _________________________</td>
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</table>

- □ New Parishioner
- □ Returning Catholic
- □ New Phone Number
- □ New Address
- □ Moving (please remove from parish directory)
- □ Please send Sunday Offertory envelopes
Weekly Reflection
15th Sunday in Ordinary Time
July 12, 2020

Any good farmer will tell you that regardless of how good the quality of the seed, its sprouting and bearing of effective fruit is dependent upon the quality of the soil. Preparing the soil is one of the most essential components of farming. There is no doubt that the seed of God’s Word will eventually achieve its purpose. God cannot and will not fail. When and how that seed bears fruit is, however, dependent upon us. What is the quality and condition of your soil? Life’s concerns and preoccupations can cause us to become inattentive to our inner life. This sometimes unintentional neglect can result in our soil becoming hard, overgrown with weeds, rocky, parched, and lifeless. When God’s seed is sown, it doesn’t always take root because it struggles to establish roots and flourish. How can you more attentively attend to the soil of your heart so that it will be a fertile and vital place for the fruit of the Gospel to grow? ©LPI

Scripture Readings
16th Sunday in Ordinary Time
July 19, 2020

Reading 1 - WIS 12:13, 16-19
Psalms - PS 86:5-6, 9-10, 15-16
Reading 2 - ROM 8:26-27
Gospel - MT 13:26-43

For daily readings, please visit www.usccb.org

Fr. Don’s Musings . . .

I took my version of a 3 day “weekend” (Mon-Wed) for the 4th of July and went to my family’s little rustic cabin on Mercer Lake near Florence. Felt so good. I love being surrounded by nature, it was refreshing to have no schedule, and I enjoyed visiting some good friends who live near there. Good times, refreshing times.

This week, we have our annual parish campout at Nehalem Bay State Park. We originally had almost 60 families signed up, but because of the virus some families chose not to come (and I fully understand that). We will still have about 40 families. We won’t be able to do the normal activities that include large crowds, including Mass, but it’ll still be a good event. I remember 4 years ago when I first arrived at St. Clare, the campout was two weeks after I got here and it was a GREAT opportunity for me as a new pastor to get to know many of the parish families, just sitting around the campfires, meeting the parents, playing with the kids (and eating everyone’s food); I loved it! I am praying for good weather again this year, too.

We had our Parking Lot Vespers here at St. Clare Wednesday evening. We were praying for an end to racial injustice and an equal respect for ALL God’s people, especially for African-Americans. Good experience. With current regulations, we could only have 25 people present, with social distancing, but it was still a powerful experience.

Let’s keep praying for one another. ~ Fr. Don

Note: There will be NO 4pm Confessions on Saturday, July 19 as Fr. Don will be returning from the campout just in time to say 5pm Mass. He will be available after Mass about 5:40pm if needed.
Today’s readings focus on the power of God’s word for those who actually embrace it. This theme begs several questions for us who have heard the word proclaimed many times over. Does what we hear change our thinking or our actions in any way? Is the problem with the proclaimer or the homilist, or is it really with us? The promise is that God’s word can make a difference in our lives ... if we are open to it.

**United in Prayer ~ Lord Hear Our Prayer**

For the whole church, its leaders and members, that the mission to plant the Love of God in everyone’s heart be done with utmost authenticity through its own witness ... we pray to the Lord.

For the world, that peace maybe achieved through equitable distribution of goods, justice and economic opportunities ... we pray to the Lord.

For the many people who till the land, harvest food and assure its sustainability, that their lives be protected through sustainable jobs, fair employment and just wages ... we pray to the Lord.

For all who are suffering from physical and spiritual hunger, those severely affected by the pandemic, those needing justice and compassion, those serving unceasingly in unforgiving environments, may they be filled with the healing love of God ... we pray to the Lord.

For the parishioners of St. Clare, that we may be committed to understanding one another despite racial, cultural, political or other barriers ... we pray to the Lord.

For the sick, especially Sharon Semantel and baby Sybil and her family, the dying, and the needy in our midst; and for our parish ministries that seek to serve them ... we pray to the Lord.

**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.
15th Sunday in Ordinary Time

“But the seed sown of rich soil is the one who hears the Word and understands it, who indeed bears fruit and yields a hundred or sixty or thirty-fold.” Matthew 13:23

Have you ever planted any seeds in a garden at home? If so, you know the type of soil is very important. If the ground is too hard or full of rocks and weeds, then nice flowers or vegetables will not grow.

In our full bible story today (Matthew 13:1-23), Jesus tells us a parable about farming and seeds. A parable is a story which Jesus used to help people understand what he wanted to teach them. The people he spoke to were those who really understood what farming was all about. But you know what? The apostles, Jesus closest followers, did not understand because they were fishermen. So, he explained it to them. In a like way, if you do not understand anything about your Faith, then be sure to ask a teacher, your parents, a faith leader like Fr. Don or me to explain.

In our story today, the seeds represent the Word of God and the soil represents all of us.

Jesus explained that some seeds fell on a path (hard ground). Sometimes our teachers, our parents or Fr. Don are trying to plant God’s love in our hearts, but we aren’t listening. Perhaps, we are thinking about what we are going to do this afternoon or what we did yesterday. Those seeds will not grow.

There are other times when we hear the Word of God and get excited about it, but our excitement fades away as something else gets our attention. Those times are like seeds that fall on rocky ground. The roots are so shallow, they cannot attach to the soil and stay connected to the important things in life.

Sometimes, we hear the Word of God and believe it, but we keep on making the same mistakes over and over again. We do not allow the Word of God to help us become better people, so we are like seeds planted in a bunch of weeds. The weeds will eventually take over.

When we hear the Word of God, listen to it, try to understand what it says and put it into practice in our daily lives, then we are like the good soil. The seeds can take root in us and grow into a plentiful harvest...the kind of soil that Jesus wants us to be.

What kind of soil are you?

Jesus wants you to listen to the Word of God and understand it with the help of your parents, teachers, and faith leaders. When this happens, you can truly become a great disciple of God and help others to see God’s love.

Let us pray: God, our Father, help us to be like the good soil Jesus taught us about today. Help us to listen to Your Word and grow up to be the best kind of girl or boy You want us to be. We pray in Jesus’ name. Amen.
Facing Our Truth

At moments when we demand change for the sake of the common good, we cannot simply pass on the responsibility entirely to others. The bigger part of the equation for change is the conversion of ourselves—mind and heart. In addressing the racial tensions of the country today, we as disciples of Christ must look at ourselves in the mirror and stand by the standards we are bound up with—the truth and the way of Jesus Christ. The challenge for us, after all the prayer and education we can do on the issue of racism, is to step back, dig deep and do an honest examen.

The following Examination of Conscience was lifted from the United States Catholic Conference of Bishops (USCCB) Peace and Justice Office. Let us take this challenge as an opportunity not only to make right our relationship with God but with our neighbors and ourselves. Our change can make a difference.

Examination of Conscience: A Look at Myself in the Mirror

"Conscience is the "core and sanctuary" within us where we are alone with God and hear his call to "love good and avoid evil" and "do this, shun that."[3] Let us examine our conscience in light of the sin of racism, asking ourselves:

1. Have I fully loved God and fully loved my neighbor as myself?
2. Have I caused pain to others by my actions or my words that offended my brother or my sister?
3. Have I done enough to inform myself about the sin of racism, its roots, and its historical and contemporary manifestations? Have I opened my heart to see how unequal access to economic opportunity, jobs, housing, and education on the basis of skin color, race, or ethnicity, has denied and continues to deny the equal dignity of others?
4. Is there a root of racism within me that blurs my vision of who my neighbor is?
5. Have I ever witnessed an occasion when someone "fell victim" to personal, institutional, systematic or social racism and I did or said nothing, leaving the victim to address their pain alone?
6. Have I ever witnessed an occasion when someone "fell victim" to personal, institutional, systematic or social racism with me inflicting the pain, acting opposite of love of God and love of neighbor?
7. Have I ever lifted up and aided a person who "fell victim" to personal, institutional, systematic or social racism and paid a price for extending mercy to the other? How did I react? Did my faith grow? Am I willing to grow even more in faith through my actions?

I recognize that racism manifests in my own individual thoughts, attitudes, actions, and inactions. It also manifests in social structures and unjust systems the perpetuate centuries of racial injustice.[4]

For my individual actions and my participation in unjust structures, I seek forgiveness and move towards reconciliation. I look into my heart and ask for the will and the strength to help contribute to the healing of racism in my time."

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of Heaven and the pains of Hell; but most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen

We have prayed and now, with changed hearts, let us move our feet to action!
The St. Clare Conference
Society of St. Vincent de Paul

Food Pantry Needs

• Canned Ravioli & Spaghetti
• Breakfast Cereal
• “Cream of” Soups
• Pasta-Roni
• Tomato Sauce
• Canned White and Red (Kidney) Beans

Donations may be placed in the food basket on the front porch of the parish office. Thank you! *Please check dates to ensure foods have not expired.*

Many thanks to all who contribute!

Weekly Offertory Report

<table>
<thead>
<tr>
<th></th>
<th>Actual Offertory</th>
<th>Average Offertory Goal</th>
<th>Amount Over (Under) Goal</th>
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<td>W/E 7.5.20</td>
<td>$7,379</td>
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<td>Total June</td>
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<td>Total July (1-5)</td>
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<td>$8,481</td>
<td>($1,102)</td>
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Goal for FY 20-21: $8,481 needed weekly to fund the current programs, personnel and facilities of the church.

FORMED

WHAT TO WATCH THIS MONTH

JULY

THE SEARCH

THE POCO A POCO PODCAST

ANSWERS

GIVEN FORUM TALKS

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