Church
8535 SW 19th Ave  Portland, OR  97219                  503.244.1037
Office Hours:        Monday - Thursday, 8am - 12:30pm & 2 - 4pm
office@saintclarechurch.org                  www.saintclarechurch.org
Pastor                      Fr. Don Gutmann                     101
Business Manager        Shelley Worrell                  102
Pastoral Associate                 Pia de Leon                      103
Faith Formation Coordinator  Dcn. Bill McNamara             104
ECHO Apprentice                  Andie Bodary                     105
Administrative Assistant        Laurie Zupsic                100

School
1807 SW Freeman St  Portland, OR  97219                  503.244.7600
info@stclarepdx.org
Interim School Principal       Jeananne Bloudek
Administrative Assistant        Donna Parker MacNeur

Preschool
1812 SW Spring Garden St  Portland, OR  97219     503.244.5458
nancy@stclarepreschool.org
Director                        Nancy Melzer
Administrative Assistant        Jeanne Raffety

Sacraments - Please visit www.saintclarechurch.org for more information on sacramental preparation.

Daily and Weekend Masses are currently canceled due to the Covid-19 outbreak.
To view pre-recorded Sunday Masses with Fr. Don Gutmann, go to www.saintclarechurch.org.

Reconciliation Saturdays with Fr. Don Gutmann from 4pm-4:30pm in the church. Social distancing will be practiced.
Matrimony  Six month’s preparation required. Contact Fr. Don Gutmann.
Adult Confirmation & How Can I Become a Catholic?  Contact Pia de Leon.
Baptism, 1st Eucharist, 1st Reconciliation & Confirmation? (Children & Teens) Contact Deacon Bill McNamara.

A WARM WELCOME TO ALL WHO WORSHIP WITH US
Whether you are a long-time parishioner and need to update your information or newly arrived in the parish and not yet registered, please complete the information below and place in the offertory basket or mail to the parish office.

Name:  ____________________________________________  Phone:  (     )  ________________________________________
Address:  __________________________________________  City:  __________________________  Zip:  _______________

□ New Parishioner □ Returning Catholic □ Moving (please remove from parish directory)
□ New Phone Number □ New Address □ Please send Sunday Offertory envelopes
We face death every day. Whether it comes with the actual death of someone we love (or someone we don’t even know), a failed relationship, the loss of a job, a broken dream, or pondering our own mortality, death is always around us. What does death say to us? What we believe about our death experiences is going to say volumes about how we live our lives. Jesus comes to us today just as he did many years ago to people who were struggling with loss and death and wondering what to do. He calls us out of our tombs, where we have been closed up in fear and despair, and shouts, “Come out!” Jesus leads us out of death and gives us hope. There is always hope. There is always transformation. Although we may not always see where the road of life is taking us or see God’s presence with us on our journey, we will be brought to a new place and be given new life. Walk with God and listen to Him call you. Tomorrow, there awaits another surprise. ©LPi

COVID 19 may have slowed us down as a spiritual community, but we still need to nourish our souls and spirits with every opportunity for prayer. Check out the links below where you can attend celebrations of the Eucharist, daily and on Sunday.

https://www.ewtn.com/tv/shows/sunday-mass-live
https://www.ewtn.com/catholicism/daily-readings
https://www.wordonfire.org/daily-mass/

In addition, the Archdiocesan website has information on Masses livestreamed from the Cathedral (including those on Sundays at 11am) and other area parishes at:
https://archdpdx.org/live-masses

During this time of isolation and uncertainty, Deacon Bill suggests setting your alarm at 3pm and saying this prayer from the Divine Mercy Chaplet: *For the sake of His sorrowful passion, have mercy on us and on the whole world.*

For directions on how to pray the full Chaplet of the Divine Mercy, visit https://www.ewtn.com/catholicism/devotions/chaplet-of-the-divine-mercy-387. The chaplet combines the rosary with some extra prayers asking God for mercy on us and the whole world. Follow along at KVBM 88.3 FM Radio at 3pm daily.

To learn more about the significance of Divine Mercy, go to www.formed.org and search Divine Mercy. If you are a first time user, insert parish code J7N7CD on the registration page.

Sunday, Apr. 5 is Palm Sunday and the beginning of Holy Week. Obviously, it’s going to look a lot different this year than in previous years. We can’t celebrate public Masses, but we will record all the Holy Week Masses/Services at St. Clare and have them available on our website on the appropriate days. You can participate as much as possible from your video screen.

Here are some suggestions to help you and your family get the most out of watching Mass at home on your computer or TV. It’s obviously not ideal, but it’s the best we can do for a few (several?) weeks and we’ll get by. When watching Mass at home, try to make the experience as much like church as you can. Participate in Mass at the same time you usually would if you were at church. Gather all the family and watch it together, just like when you go to church on normal Sundays. Turn off your phone during Mass, just like you do at church. Light a candle near the screen before Mass starts. It can be helpful to kneel, stand, and sit at the appropriate times. Try not to just “watch” Mass, but really participate by saying the responses out loud, really trying to pray along with me as I go through the Mass.

It’s a great compromise to watch Mass on a screen. It’s a big loss to not be able to receive the Body and Blood of Christ at communion. It’s weird to not have the great St. Clare community surrounding us as we worship God...but that’s the way it has to be for a while. We’ll get through this and eventually things will get back to normal. I look forward to that day when we will all be able to be back together in the church.

God bless you all, and let’s keep praying for one another. ~ Fr. Don

**Scripture Readings**

**Palm Sunday of the Lord’s Passion**  
Apr. 5, 2020  
Reading 1 – MT 21:1-11  
Psalms – PS 22:8-9, 17-18, 19-20, 23-24  
Reading 2 – PHIL 2:6-11  

For daily readings, please visit [www.usccb.org](http://www.usccb.org)

**Blessed Palms Available**  
Saturday, Apr. 4 and Sunday, Apr. 5  
Outside the East Church Door (school side)  
Stop by and pick yours up!
This Lenten season invites us to explore the meaning of life — our lives here and now and life after death. In a world where many have so little while a few have so much, we are called to embrace life as well as to ensure that precious resources are available for the most vulnerable. Mindful of the fragile balance in our earthly life, we place our faith in Christ’s resurrection and the promise of life everlasting upon death.

**United in Prayer ~ Lord Hear Our Prayer**

For the church, that it may guide us as we seek to deepen our faith and our commitment to the Lord . . . in this time of crisis, we pray to the Lord.

For the world, that it may find its way back to its Creator and rediscover its purpose; for peace, harmony and care to be the foundation of its governance . . . in this time of crisis, we pray to the Lord.

For the safety and protection of all people who serve as front liners during this time of COVID 19: doctors, nurses, medical helpers, caregivers, peace and order enforcers, providers of basic necessities and more . . . in this time of crisis, we pray to the Lord.

For the people of God who are on the periphery of society, those we discard and not consider when common good decisions are made, may the Lord’s mercy and compassion move those who can make a difference in their lives to share God’s love and mercy with them . . . in this time of crisis, we pray to the Lord.

For the members of the community of St. Clare, especially the elderly, the sick and the homebound; may this present call for distancing be a bigger impetus to reach out to one another . . . in this time of crisis, we pray to the Lord.

For all the parishioners waiting to receive the Sacraments during the Easter Season; may the waiting lead to a deeper hunger for God . . . in this time of crisis, we pray to the Lord.

For the dying and all those who have died . . . in this time of crisis, we pray to the Lord.

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**AN ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.
Oratio Imperata for COVID 19

This is an obligatory prayer being prayed by the entire Church in the Philippines in the midst of the coronavirus pandemic for the intentions of people all over the world including the people of the United States. You are invited to include this in your daily prayer routine as a sign of solidarity – to be one in prayer.

God our Father,
We come to you in our need
To ask your protection against the 2019 N-Coronavirus,
That has claimed lives
And has affected many.

We pray for your grace
For the people tasked with studying the nature and cause
Of this virus and its disease
And of stemming the tide of its transmission.
Guide the hands and minds of medical experts
That they may minister to the sick
With competence and compassion,
And of those governments and private agencies
That must find the cure and solution to this epidemic.

We pray for those afflicted
May they be restored to health soon.

Grant us the grace
To work for the good of all
And to help those in need.

Grant this through our Lord, Jesus Christ, your Son,
Who lives and reigns with You, in the unity of the Holy Spirit,
God forever and ever. Amen.

Mary, Help of all Christians, pray for us.
St. Raphael, the Archangel, pray for us.
*St. Rock, pray for us.
**St. Clare, pray for us.

Note from Pia de Leon ~
*St. Roch or Rocco is the patron saint of people with contagious diseases.
**For our purpose at St. Clare Parish, St. Clare has been included as an intercessor.
In the Philippines, people include St. Lorenzo Ruiz, the first Filipino saint and St. Pedro Calungsod, Filipino saint and patron of the youth, as their particular intercessors.
As many are physically separated from normal daily life, family, friends, co-workers, and neighbors reach out to keep in touch and check on one another. Some with encouragement, others with concern or worry.

Our neighborhood, has adopted a window themed walk for families. Social distancing practiced and no toilet paper necessary. Offering fresh air and exercise, families treasure hunt for silly faces, animals, or encouraging words posted in neighboring windows. It has given me a much loved contemplative activity to pull out the art supplies. From a distance, I have met neighbors and friends while working in the yard that stop by to connect and share stories. Each interaction planting future connections that ordinarily may not have taken place.

Friends and co-workers have posted group emails and texts. This is where I am so full of gratitude for my faith. Those messages of worry needing reassurance. Simply, a few words of encouragement can go a long ways, particularly in times of solitude.

Sharing gratitude for the ability to be outdoors. Speaking to spiritual well-being, offering online options and sharing elements from Fr. Don's bible reference, "Do not be afraid," to Pope Francis’ Lenten suggestions to be hopeful, trust, pray, contemplate simplicity, be grateful, be compassionate, and be still and listen.

It’s as though this Pandemic has created an ideal setting to practice all of these elements of Lent. For our adult children, who are wisely embracing the freedom associated with this pace of life, being inconvenienced for the greater good, and drawing out the positives. Opportunities for reflection, communing with nature, spiritual practices, perhaps a call to be creative and do something ordinary life wouldn’t have made time for.

In these extraordinary times, be compassionate, stay informed, pray, and if prompted to take action, act on it.

Prayers for you and all around the world. May you be encouraged and blessed.
**St. Clare Conference Society of St. Vincent de Paul**

**Food Pantry Needs**

- Small Jars of Creamy Peanut Butter
- Hamburger Helper
- White Rice
- Stove Top Stuffing
- Canned Applesauce
- Canned Peaches, Pears & Fruit Salad

Donations may be placed in the food basket on the front porch of the parish office.

* Please check dates to ensure foods have not expired.*

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**2020 St. Clare Confirmation Class**

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<th>Andrew</th>
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<th>Caroline</th>
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**Faith Formation**

**Prayers Requested for our Confirmation Students**

This year, we have 28 candidates for Confirmation. As a Lenten project, Deacon Bill is asking parishioners to “adopt” a candidate or two and write a short note to them. Include a few thoughts about your own faith journey and be sure to say that you are praying for them as they continue to prepare for Confirmation. Notes can be brought to the parish office and placed in the mail slot to the right of the front door or mailed to 8535 SW 19th Ave, Portland, 97219. The notes will be distributed to the candidates as they continue to focus on their preparation even though their Confirmation date of Apr. 18 will be rescheduled.

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**Outreach**

**Liturgy**

**Mass Intentions**

*Prayed privately by Fr. Don*

Sunday, Mar. 29 + Patricio P. Diaz

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**Administration**

**Online Giving**

Dear Parishioners,

During this time when there are concerns about exposure to and the spread of Coronavirus, Online Giving is a convenient option to continue to support St. Clare Parish. Even though we are worshipping from home, vital donations can still happen. Visit [www.saintclarechurch.org](http://www.saintclarechurch.org) on your computer, laptop or mobile device. Click the Online Giving link and begin making weekly, monthly or one-time gifts.

Another option is to mail your donation to us at St. Clare Church  8535 SW 19th Ave  Portland, OR 97219.

Your contributions will help sustain our parish during this difficult time. If you have any questions, please contact shelley@saintclarechurch.org.

Thank you as always for your generosity,

*Shelley Worrell, Business Manager*